

# OUR LADY OF GRACE SPIRITUAL CENTER

A sponsored institution of the Congregation of the Sisters, Servants of the Immaculate Heart of Mary



## UNTYING THE KNOTS OF OUR LIVES

**SATURDAY, OCTOBER 5, 2024**  
**10:00 A.M. - 4:00 P.M.**

29 SHELTER ROCK ROAD | MANHASSET, NY 11030

**PRESENTED BY: ANN SCHEHR | \$75.00 PER PERSON**

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Using the image of a knot to identify and understand areas of our life where we are stuck, blocked, or frustrated, let us explore ways to untie those knots and live a more serene life.

**Includes Lunch**

**Call (516) 627-9255 or visit [www.olgretreat.com](http://www.olgretreat.com) to register**